

RESULTS / リザルト



3000m Steeplechase Men - Final / 男子3000m障害物 決勝

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	7:52.11	Lamecha GIRMA	ETH 23	Paris (FRA)	9 Jun 2023
Championships Record CR	8:00.43	Ezekiel KEMBOI	KEN 27	Berlin (GER)	18 Aug 2009
World Leading WL	8:00.70	Soufiane EL BAKKALI	MAR 29	Rabat (MAR)	25 May 2025
Area Record AR		National Record NR	Personal Best PB	Season Best SB	

15 September 2025 21:55 START TIME 28° C 73 %
TEMPERATURE HUMIDITY

PLACE	BIB	NAME	DATE of BIRTH	ORDER	RESULT
1	2771	Geordie BEAMISH ジョルディ・ビーミッシュ	NZL 24 Oct 96	10	8:33.88
2	2691	Soufiane EL BAKKALI スフィアヌ・バカリ	MAR 7 Jan 96	15	8:33.95
3	2660	Edmund SEREM エドマンド・セレム	KEN 27 Dec 07	2	8:34.56
4	2298	Samuel FIREWU サムエル・フィレウ	ETH 3 May 04	4	8:34.68
5	2687	Salaheddine BEN YAZIDE サラヘディン・ベン ヤジデ	MAR 6 May 03	5	8:35.16
6	2303	Lamecha GIRMA ラメチャ・ギルマ	ETH 26 Nov 00	13	8:35.60
7	2328	Nicolas-Marie DARU ニコラマリ・ダリュ	FRA 21 Oct 88	1	8:35.77
8	2600	Ryuji MIURA 三浦 龍司	JPN 11 Feb 02	6	8:35.90
9	3022	Daniel MICHALSKI ダニエル・ミハルスキー	USA 10 Sep 95	9	8:37.12
10	2685	Ruben QUERINJEAN ルベン・クリニェアン	LUX 22 Dec 01	7	8:37.49
11	2934	Ahmed JAZIRI アハメド・ジャジリ	TUN 16 Dec 97	12	8:39.30
12	2427	Frederik RUPPERT フレデリク・ルペルト	GER 19 Feb 97	3	8:39.83
13	2153	Jean-Simon DESGAGNÉS ジャンシモン・デガニエ	CAN 26 Jul 98	11	8:39.96
14	2309	Getnet WALE ゲトネット・ワレ	ETH 16 Jul 00	16	8:41.23
15	2407	Niklas BUCHHOLZ ニクラス・ブーフホルツ	GER 4 Mar 98	8	8:42.81
	2634	Abraham KIBIWOT エーブラハム・キビウOTT	KEN 6 Apr 96	14	DNF

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INTERMEDIATE TIMES

100 m	16.25 Frederik RUPPERT	100 m	16.25 Edmund SEREM
200 m	34.67 Edmund SEREM	300 m	52.67 Edmund SEREM
400 m	1:12.27 Edmund SEREM	500 m	1:31.12 Frederik RUPPERT
600 m	1:49.76 Edmund SEREM	700 m	2:08.62 Frederik RUPPERT
800 m	2:27.49 Frederik RUPPERT	900 m	2:45.95 Frederik RUPPERT
1000 m	3:04.47 Edmund SEREM	1100 m	3:23.08 Edmund SEREM
1200 m	3:41.21 Frederik RUPPERT	1200 m	3:41.21 Edmund SEREM
1300 m	3:59.28 Frederik RUPPERT	1400 m	4:17.09 Edmund SEREM
1500 m	4:34.90 Edmund SEREM	1600 m	4:52.49 Edmund SEREM
1600 m	4:52.49 Frederik RUPPERT	1700 m	5:09.90 Edmund SEREM
1800 m	5:27.18 Frederik RUPPERT	1900 m	5:44.24 Edmund SEREM
2000 m	6:01.14 Frederik RUPPERT	2100 m	6:17.68 Daniel MICHALSKI
2200 m	6:33.60 Daniel MICHALSKI	2300 m	6:48.99 Daniel MICHALSKI
2400 m	7:04.20 Daniel MICHALSKI	2500 m	7:19.71 Daniel MICHALSKI
2600 m	7:35.12 Lamecha GIRMA	2700 m	7:49.59 Lamecha GIRMA
2800 m	8:04.20 Lamecha GIRMA	2900 m	8:19.38 Soufiane EL BAKKALI

ALL-TIME TOP LIST

RESULT	NAME	VENUE	DATE
7:52.11	Lamecha GIRMA (ETH)	Paris (FRA)	9 Jun 23
7:53.63	Saif Saaeed SHAHEEN (QAT)	Bruxelles (BEL)	3 Sep 04
7:53.64	Brimin Kiprop KIPRUTO (KEN)	Monaco (MON)	22 Jul 11
7:54.31	Paul Kipsiele KOECH (KEN)	Roma (ITA)	31 May 12
7:55.28	Brahim BOULAMI (MAR)	Bruxelles (BEL)	24 Aug 01
7:55.72	Bernard BARMASAI (KEN)	Köln (GER)	24 Aug 97
7:55.76	Ezekiel KEMBOI (KEN)	Monaco (MON)	22 Jul 11
7:56.16	Moses KIPTANUI (KEN)	Köln (GER)	24 Aug 97
7:56.68	Soufiane EL BAKKALI (MAR)	Rabat (MAR)	28 May 23
7:56.81	Richard Kipkemboi MATEELONG (KEN)	Doha (QAT)	11 May 12

2025 TOP LIST

RESULT	NAME	VENUE	2025
8:00.70	Soufiane EL BAKKALI (MAR)	Rabat (MAR)	25 May
8:01.49	Frederik RUPPERT (GER)	Rabat (MAR)	25 May
8:03.43	Ryui MIURA (JPN)	Monaco (MON)	11 Jul
8:04.00	Edmund SEREM (KEN)	Monaco (MON)	11 Jul
8:05.61	Samuel FIREWU (ETH)	Xiamen (CHN)	26 Apr
8:06.44	Salaheddine BEN YAZIDE (MAR)	Monaco (MON)	11 Jul
8:07.01	Lamecha GIRMA (ETH)	Paris (FRA)	20 Jun
8:07.12	Simon Kiprop KOECH (KEN)	Xiamen (CHN)	26 Apr
8:07.57	Getnet WALE (ETH)	Monaco (MON)	11 Jul
8:07.92	Abraham SIME (ETH)	Shaoxing/Keqiao (CHN)	3 May